



**PAN-ASIA  
HASH 1993  
SINGAPORE**



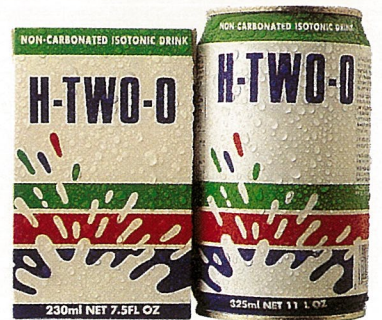
**4th Pan-Asia Hash  
8-10 October 1993  
Singapore**

**SOUVENIR PROGRAMME**

**YOU CAN GET IT  
DOWN QUICK,**



**SO IT CAN PICK YOU  
UP FAST.**



**N O N - C A R B O N A T E D I S O T O N I C D R I N K .**

# **P R O G R A M M E**

## **Pan-Asia Hash 1993**

### **REGISTRATION : (Collect your magazine, tee-shirt and giveaways.)**

- Thu 7 Oct : 1400-1930 hrs. – At the Mandarin Hotel (Orchard Road).  
Fri 8 Oct : 1400-2100 hrs. – At the Mandarin Hotel (Orchard Road).  
Sat 9 Oct : 1400-1600 hrs. – Late registration at Echo Valley.

### **PROGRAMME :**

**Fri 8 Oct** : **1900-2300hrs.** At the Mandarin Hotel Ballroom (Orchard Road). Official welcome, buffet dinner, opening ceremony, entertainment and disco. A chance to meet old friends and make new ones.

**Dress code:** Smart casual. Please: no shorts, no sandals, no singlets.

**Sat 9 Oct** : **1400hrs.** Shuttle bus service commences from Mandarin Hotel forecourt to Echo Valley. Last bus will leave the Mandarin at 1530hrs. If you have a car, or go by taxi, be at Echo Valley, Dairy Farm Road, by 1600hrs.

**1630hrs.** Buses leave Echo Valley to 8 different runsites around Singapore. All runs will be bus to bus. Buses will be identified as follows:

• Long runs: 1L, 2L, 3L • Medium runs: 4M, 5M, 6M • Short runs: 7S, 8S

Choose which run you want by getting on the appropriate bus. Circles will be held at the runsites and buses will return you to Echo Valley by 1900hrs.

**1900hrs.** At Echo Valley for giant On-on. Food, beer, entertainment, live band, disco and partying until 0200 hrs.

**2100hrs.** Shuttle bus service commences from Echo Valley to the Mandarin Hotel. Last bus will leave Echo Valley at 0200hrs.

**Sun 10 Oct** : **1200hrs.** Horrors Run for children and families including lunch and games, at entrance to Echo Valley. Make your own way there by taxi or by car to be there by 1145hrs. As children are not allowed at the evening event, a shuttle bus service will be provided if there is sufficient demand at 1400hrs to allow you to take your kids back to your hotel before you leave for the adults-only runs. Ask for this at registration.

**1400hrs.** Shuttle bus service commences from Mandarin Hotel forecourt to Echo Valley. Last bus will leave the Mandarin at 1530hrs. If you have a car, or go by taxi, be at Echo Valley, Dairy Farm Road, by 1600hrs.

**1500hrs.** Grandmasters meeting at Echo Valley. All heads of participating chapters to attend.

**1630hrs.** Buses leave Echo Valley to the same 8 runsites around Singapore. Choose a different bus number from Saturday to ensure you get a different run. Circles will be held at the runsites and buses will return you to Echo Valley by 1900hrs.

**1900hrs.** At Echo Valley for another giant On-on. More beer, more food, more entertainment and more partying.

**2100hrs.** Shuttle bus service commences from Echo Valley to the Mandarin Hotel. Last bus will leave Echo Valley at 0100hrs.

**Mon 11 Oct** : **1800hrs.** Tiger Tavern. Jln Ahmad Ibrahim. Bus leaves Mandarin at 1700hrs. Ask for this at registration.

**NOTE : CHILDREN ARE NOT PERMITTED IN THE MANDARIN BALLROOM OR AT ECHO VALLEY (except for Horrors Run).**

Dummies tested it, Technicians concluded it, Reality proved it:



The Saab 9000 CS Turbo S

## Sweden's safest car is a Saab.

As most carmakers know, there's a limit to how far you can trust a dummy.

For that reason we felt reassured when in March 1992, Sweden's largest insurance company, Folksam, announced evidence gathered from one million real life accidents.

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One of Great Britain's consumer organizations assessed the safety of cars by dismantling them in order to study safety aspects of their designs.

At the top of the list, after merciless scrutiny of around 200 different cars, was the Saab 9000.

These testimonials combined justify calling the Saab 9000 the safest car in Sweden and probably in the world.

Tangible proof of Saab's leadership in combining safety systems such as energy absorbing crumple zones, protective safety cages and side-impact protection.

Yet what these accidents studies don't reveal, is Saab's leadership in another aspect of safety:

The ability to stay out of trouble in the first place.

A Saab keeps you constantly up-to-date with what's happening between the wheels and the tarmac, information instantly communicated through chassis and driver's seat, giving maximum time to react.

Response is immediate whatever the conditions. ABS and Saab's unique Traction Control System add even more stability.

All this makes for a more alert driver, which is the starting point of the Saab design philosophy.

From whatever perspective, you have to be safer if you are travelling in a Saab.

# SELETAR

## HASH HOUSE HARRIERS

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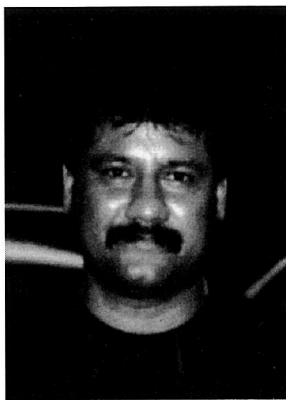
Welcome to all you hashers! On behalf of all the local chapters hashing in Singapore and the committee, I extend a very warm welcome to all you participants of the 4th Pan Asia Hash. It is time once again to rekindle old acquaintances and make new ones in the true spirit of hashing. We have lined up a programme which we hope you will all stay and savour.

We also hope Singapore will serve to you outstation hashers as a place to relax and holiday.

I take this opportunity to thank the committee and members who have helped in one way or another in making the 4th Pan Asia Hash successful. Thanks also goes out to all the wonderful sponsors out there without whom this event would not have been possible and last but not least you all present here.

So come on let us celebrate and enjoy together in the true spirit of friendship and fun which simply put – hashing.

On on to the 5th Pan Asia Hash in 1995.



Narinder Singh  
Grand Master

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# SINGAPORE HASH HOUSE HARRIETS

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Singapore Hash House Harriets extends a warm welcome to all hashers from far and wide, to this — the 4th PAN ASIA HASH.

The Harriets, have been running for 20 years. While not boasting the largest Hash chapter in Singapore, we would like to think that we can be compared to a good wine, “improving with age”, and in this spirit, we look forward to meeting old friends and making new.

This event would not be possible without the hard work of numerous people in the organising committees and we also extend our thanks to them and wish everyone, a successful 4th PAN ASIA HASH.

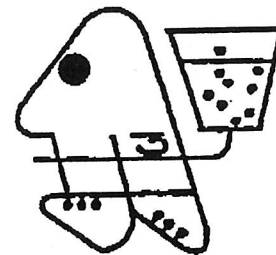
ON. ON.



Jill Schulte (Hard Lay)  
Grand Mistress

# SINGAPORE

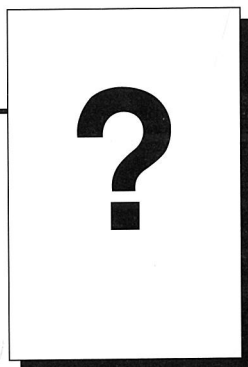
## HASH HOUSE HARRIERS



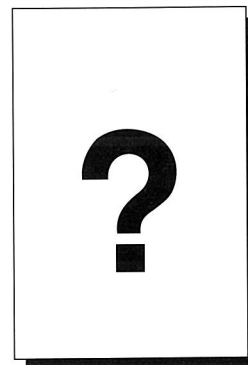
FOUNDED 1962



*Joint Master ...*



*GM*



*Joint Master ...*

# “WHO <sup>W</sup>~~B~~ANKERS ANYWAY?”

**A**S ONE OF THE OLDEST HASHERS IN THE WORLD, IT IS A PLEASURE TO WELCOME ALL HASHERS AND SUPPORTING WANKERS TO THIS PAN ASIA HASH EVENT IN SINGAPORE.

SINGAPORE ALTHOUGH GENERALLY THOUGHT OF AS A STERILE DESTINATION AS FAR AS THE PHYSICAL & HASHING TYPE PLEASURES ARE CONCERNED, HAS MUCH TO OFFER IN BOTH AREAS AND I'M SURE YOU WILL HAVE A GREAT TIME — IF YOU DON'T THEN IT WON'T BE OUR FAULT!!!

THE COMMITTEE (ALL VOLUNTEERS) ARE TO BE CONGRATULATED FOR THEIR EFFORTS IN STAGING THIS EVENT AND HAVE WORKED TIRELESSLY OVER THE LAST FEW MONTHS, TO ENSURE ALL REQUIREMENTS ARE MET SUCH AS REFRESHMENTS, BEDS, TRANSPORT, FOOD ETC. THE NEED TO RELIEVE ANY OTHER TYPE OF TENSIONS SUCH AS A GOOD BONK WE WILL LEAVE IT TO YOURSELVES TO TAKE CARE OF (CHECK WITH THE LOCAL HASHES FOR MORE DETAILS, HARRIETTES SEE US !!!). THE RUNS SHOULD CATER TO ALL TYPES OF HASHERS FROM THE ATHLETIC “KUNTS” TO THE BACK OF THE PACK “ARSEHOLES” AND EVEN TO THOSE WHO ONLY COME FOR THE BOOZE AND THE HORIZONTAL ACTIVITIES.

AGAIN “WELCOME” PLEASE ENJOY YOURSELVES BUT REMEMBER WE ARE GUESTS IN THIS COUNTRY AND WOULD ASK EVERYONE TO RESPECT THE LAWS, CUSTOMS AND VARIED CULTURES OF OUR HOSTS, THE LION CITY OF SINGAPORE.

BRIAN “BIG MAC” MCDONALD  
JOINT MASTERS SH3

GREG “SPANNERS” STANNERS

*Congratulations to*  
**PAN-ASIA HASHERS**

*from*

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**DAVID P. PECK — PRESIDENT**



# LION CITY

## HASH HOUSE HARRIERS

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We at Lion City, Singapore's youngest and most successful fully mixed Hash, extend a warm welcome to all participants in the Pan Asia weekend, be they from overseas or Singapore.

As Grand Mistress and Grand Master we are fully aware of the effort that the Hashes in Singapore have made to ensure that this Pan Asia weekend is a success, we are equally sure that with your help it will exceed all expectations

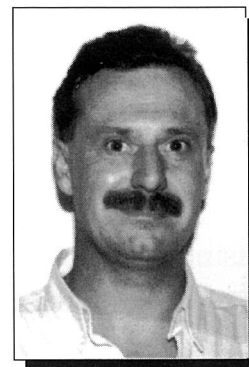
Lion City's main input into the event has been the co-ordination of the entertainment. We hope you will enjoy the three evenings and we must thank all those from Singapore and other Hashes who have taken the time and made the effort to provide us with a wide cross section of Hash Acts. If you do not enjoy that which is on offer we will assume that you are too old, too boring, too drunk or a combination of all three and therefore take no responsibility for your lack of enjoyment.

In summary we at Lion City reiterate our welcome and extend greetings to you all, whichever Hash and Country you are from.

ON ON



Eileen "Hot Pants" Davies  
Grand Mistress



Kevin "Flashman" Cooke  
Grand Master

# PAN ASIA

## MESSAGE FROM THE ORGANISING COMMITTEE

---

We take this opportunity to welcome all hashes including local, regional and the visiting international chapters.

Pan Asia 1993 promises a return to the true spirit of hash. Although Singapore is only a small highly developed city, we are sure that you will be surprised at the diversity of the terrain and the quality of runs we will offer. Singapore is world famous for food, beautiful girls and Tiger beer.

We hope that you will stay on in Singapore for an extra few days and enjoy our hospitality.

Thank you for your support. We in Singapore welcome you to our island, we promise you a quality weekend.

ON ON

The Organising Committee

# Albert Gispert

## *and how it all started*

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**A**lbert Gispert, generally regarded as the principal amongst the founders of the original Hash — KL (1938) — was an accountant by profession with Evatth & Co. with whom he worked in Singapore, Malacca and Kuala Lumpur. While in Malacca in the early part of 1938 he took part in weekly runs with a local group called Springgit Harriers, mostly Malayan Civil Service personnel. Later that year, Gispert was transferred to Kuala Lumpur where he apparently missed his weekly run with the Malacca group, and he set about trying to organise a similar group in the Malayan capital. After sometime, with the aid of Cecil Lee and 'Horse' Thompson, he managed to organise a new group. Nearly all the runners were members of the Selangor Club, sometimes referred to as the Hash House, and they therefore became known as the Hash House Harriers.

Gispert, as far as can be ascertained, organised the first run and appointed Cecil Lee and 'Horse' Thompson as joint Masters. The group flourished and were able to celebrate their 100th run on 15 August 1941. The hares for this first Hash century were E.A. Ross and M.C. Hay.

Apart from the Harriers, Gispert's other main involvement was with the Selangor Battalion of the Federated Malay States Volunteers, where he was a Company Commander.

In the latter half of 1941, Gispert went on leave to Australia, but returned as soon as war broke out in the Far East. By the time he reached Singapore the Selangor Battalion of the Federated Malay States Volunteers had been disbanded following the loss of most of the Malayan Peninsula, and Gispert joined the 2nd Battalion Argyll and Sutherland Highlanders on 21 January 1942 where he was OC Mortar Platoon.

During the battle for Singapore he was killed at Dairy Farm Road early in the morning of 11 February 1942.

The Following extract is from the Official History of the 2nd Argylls

Chap XI Page 111

About 0400hrs (11th Feb) a considerable force of Japanese from the track junction 751150 (751180) moved up the track for 200 yards to within ten yards of Battalion headquarters and halted. They surprised and silently caught Captain Gispert, the mortar officer and three men (and killed them).

Since his body was not identified he is probably buried at Kranji War Cemetery in one of the graves marked — "All Unknown Soldiers". His name is inscribed on the Memorial Wall.

The intervention of the Imperial Japanese army brought hashing to a stop on 12 December 1941. But in August 1946 they were back in business having been re-established by Torch Bennet, Philip Wickens and Cecil Lee, all prewar hashmen.

On 19 February 1962 Ian Cumming an ex KL hashman founded a second Hash in Singapore. The rest, as they say, is history.

---

## *The Lies and Promises Page*

# *With Compliments from*



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Searching for new or improved preparations for prophylaxis and diagnosis, for the treatment of illness and the relief of discomfort, is the never-ending task of pharmaceutical companies committed to research. Because for two-thirds of all known illnesses there is still no causal medicinal therapy.

Bayer's research results have set a number of milestones: Aspirin, introduced by Bayer in 1899, remains the best-known product worldwide for reducing fever, pain and inflammation. Bayer scientists successfully developed the first medicines against sleeping sickness, malaria and bil-

harziosis. These days the company's research is concentrated on cardiovascular illnesses, metabolic disorders, bacterial infections, fungal infections, on tropical medicine and carcinosis. The most important recent contributions to therapy are agents for treating coronary heart disease and high blood pressure as well as particularly difficult bacterial infections. The field of pharmaceuticals is just one example of the many ways Bayer is helping to improve our living conditions. With engineering materials for leisure and sport, and safety in the motor car. With agrochemicals which harm only the pests.

With coating materials to protect the surfaces of aircraft, trains, industrial plant, domestic appliances and furniture. With technology to save raw materials and protect the environment.

**Bayer thinks of tomorrow – today**

**Bayer** 

I'll wash my Hash gear later.

I won't come in your mouth.

The cheque's in the post.

To tell you the truth ...

Read my lips.

I won't be late.

It's only a heat rash.

I only had two beers.

To be perfectly honest with you...

I'll get the next round.

I'm from the Inland Revenue, and I'm here to help you.

I met this old school friend who I haven't seen for twenty years.

I won't come in your mouth if you let me read your lips.

If you let me read your lips I'll send you a cheque in the post.

To tell you the truth after a couple more beers I'll get someone else to wash my Hash gear and then to be perfectly honest with you I'll put a cheque in the post but I'm not saying I won't come in her mouth or read her lips and then my old school friend with a heat rash will buy the next round for the man from the Inland Revenue and I won't be late.

# Hash Hints

(or how to organise a run and win friends at the same time)

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## BEFORE

1. **ARRANGE** a mutually convenient date with one of the Joint Masters and advise him of your proposed venue.
2. **SECURE** the assistance of an experienced co-Hare.
3. **PLAN** and race the run well in advance.
4. **AVOID** (*wherever possible*) built up areas; main roads; kampongs; pig farms; fences; vegetable and flower gardens; public places such as Botanic Gardens, parks, etc....
5. **DO NOT** have a main road bisecting the run.
6. **ENSURE** that there is sufficient parking for 75 cars at start.
7. **OBTAIN** prior approval for car parking from the owners/occupiers of the proposed car park.
8. **DISTANCE** final brisk walk around route should average about 1½ hours (2 hours + never)

## DURING

9. **START** official start is 6.00 p.m. prompt
10. **CHECKS**
  - a) never at start. Lay paper from cars for minimum distance ½ mile. If chalk necessary take precautions in wet weather.
  - b) not to exceed 100 yards from end of trail.
  - c) never in kampongs or inhabited places.
  - d) between 5 and 7 per run.
  - e) none within 1 mile of finish.
  - f) none after darkness.
  - g) no check where 'OUT' and 'IN' trails are close together.
11. **PAPER**
  - a) Sufficient in difficult country, in inhabited places, after a check, in darkness.
  - b) None — on main thoroughfares — use chalk.
  - c) Directly — by the most obvious route on the rare occasions the trail must go through a kampong.
  - d) If darkness may occur, make sure that at this stage the Hash are on a clear track with paper to the cars.

## AFTER

12. **ARRANGE** for someone to clean up the site after the wagon beer finishes i.e. empty bottles, plastic cups, etc....
  13. **ON ON** Mr Ho or other caterer will provide food on site for about \$7/\$8/head. Alternatively try to locate a convenient makan stall/coffee shop/restaurant and bargain down the price of beer. Usual attendance 25-30.
  - 14 **DO NOT** base your run on the convenience of the location of an On On.
-

# PAN ASIA *FAMILY RUN*

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This will take place on Sunday 10th Oct at the carpark on the approach road to Echo Valley (Dairy Farm Road), not in Echo Valley itself. All are welcome. It is suitable for kids from about 2 to 14 years old, and parents of course!

There will be two runs, of about 20 mins and 45 mins. to choose from. The programme is as follows:

- 1145 — Arrival
- 1200 — Long & short runs set off
- 1300 — Lunch
- 1330 — Circle & Games
- 1400-1500 — Depart when you are tired  
*latest*

Parents should note that as children are strictly not allowed at the evening bash in Echo

Valley, we will organise a bus to bring you and your family back to the hotel, if there is sufficient demand leaving the site at 1400 hrs.

## ***What is the cost?***

As the family fun is outside of the main Pan-Asia Organisation, a separate charge of S\$10 per child will be made.

This entitles the child to balloons, food at lunchtime, ice-cream, juice, and any small giveaways.

Parents pay for their own food and drink (beer/soft drinks). All payment on site.

If you and your family wish to attend give in your details at registration.

---

*Congratulations to all at the  
Pan Asia Hash*

We value your running ...

**John Foord**

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**ON-ON!!!**

## **PAPER – PAPER – PAPER**

**Y**ou all know how important paper is when running your hash. Without finding the right paper, you'd be lost!

**W**ell, in between your hash runs, paper is just as important.

**S**o next time you want to print an annual report, newsletter, magazine or buy some packaging material from a printer, etc., make sure to ask for a high quality, consistent product, that will be offered to you with reliable service. And that is environmentally friendly, too.

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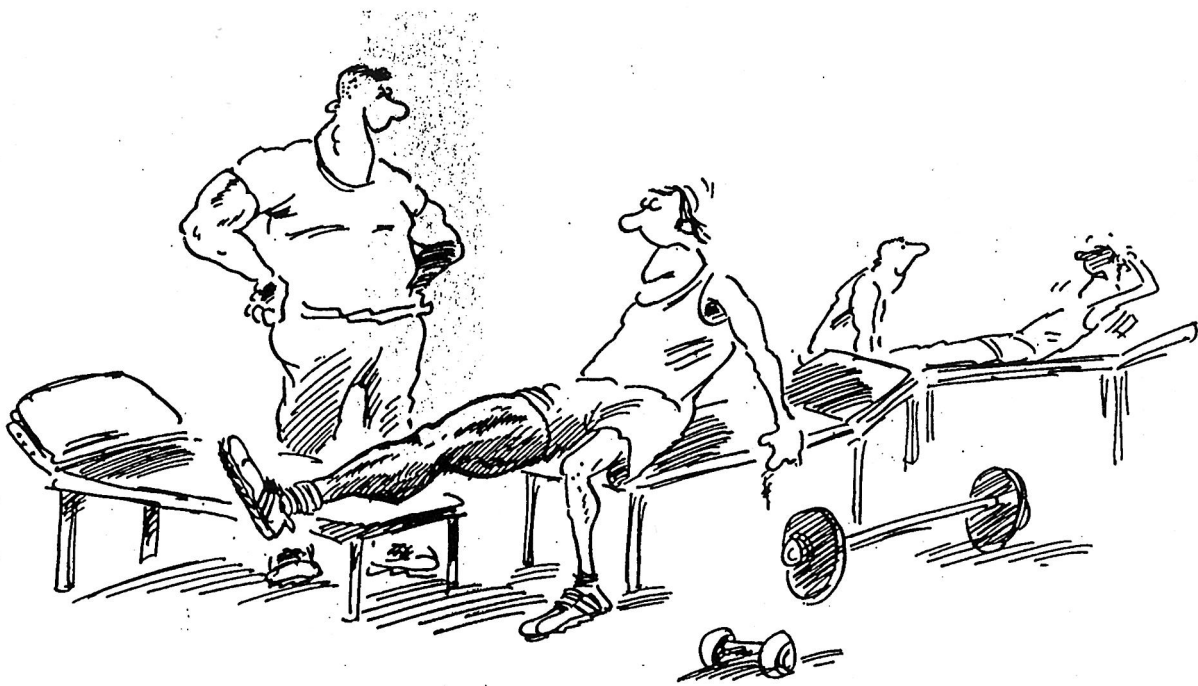
**Good luck to all participants in the 4th Pan-Asia Hash**

**DOWN-DOWN!!!**

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"That's pretty good. Tomorrow we'll start on the other leg ..."

*With  
Compliments  
from*



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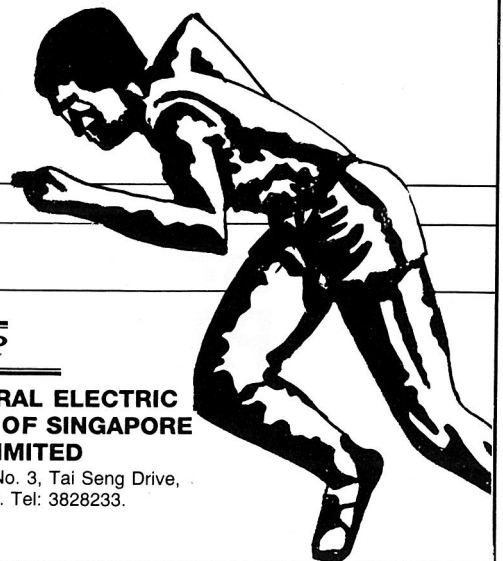
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# ARE YOU ADDICTED?

By Gypsy (a hasher) & Anon (a mouse)  
Lion City Hash

---

You know you are a true hasher when:

1. Your shoes are always wet.
  2. Your breath always smells like toe-jam.
  3. Your greatest aspiration is to receive a down-down.
  4. You get hard and wet at the sight of little squares of paper.
  5. People recognize you by your tits/ass/willie.
  6. More than half of your wardrobe is hash clothing.
  7. You find running in shiggy a religious experience.
  8. You have driven more than 50 kilometres to a hash.
  9. You plan your vacations around hashes.
  10. You think running without drinking beer at the end is uncivilized.
  11. You wake up humming hash songs.
  12. You find it impossible to hold still or keep a straight face while singing "Swing Low" in church.
  13. You are able to give directions to the army while running through the jungle.
  14. You only have white socks for one week before they turn brown.
  15. Stella knows your hash name, club and shoe size by heart.
  16. You are no longer embarrassed telling people what you do for exercise.
  17. You can change clothes in the back of a taxi just as easily as you can while driving along the PIE.
  18. You agree with your wife to go to a party on hash night only because it doesn't start until 8:00 and you can squeeze in the run and at least one beer.
  19. You clean your shoes by walking through a stream or puddle.
  20. You have more cuts and scratches on your legs than your children ever had.
  21. Mr Ho knows what part of the chicken you like best.
  22. You can recognize specific trees in the jungle.
  23. You think the restricted areas are the only exciting places left to run.
  24. You refer to specific Friday (or Monday, Tuesday, Wednesday) nights by their run number rather than the date.
  25. You enjoy reading articles like this.
- 

*With Compliments*

*from*

**John Blair**

# The Previous Previous (if you can still



# us ... Pan Asia Hash (I remember...)



## ODE TO THE SINGAPORE HASH

Twas brillig and the Singapore Hash  
Did mire and gimbol in the muck.  
Not flimsey were the mangroves,  
And the 2nd Rate GM's lead did suck.

Beware the Hash Hares my son!  
The snatch that claws, the crack that bites!  
Beware the Bugis birds, and shun  
The GM with his blind sight.

Thus, he took his merry lance in hand,  
Long time the buxom whore he sought —  
Then rested he by the local band.  
And stood awhile in thought.

And as in drunken stupor he stood,  
The Hash Hares, with pig of red,  
Came huffing through the palm tree wood.  
And farted as they sped.

One, two! One, two! And through and through  
The merry lance went snicker-snack!  
He left them low, and with the pig's head  
He went galumphing back.

And hast thou trashed the hares?  
Come to my arms, my beamish boy!  
O frabjous day! Callooh! Callay!  
He chortled in his joy.

Twas brillig and the Singapore Hash  
Did mire and gimbol in the muck;  
Not flimsey were the mangroves,  
And the 2nd Rate GM's lead did suck.

*With apologies to Lewis Carroll  
William Longhurst  
2/18/93*

### "CINDERELLA PARNELL AND BROTHER TONY."



**compac AWA SINGAPORE  
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Congratulate the organising committee and  
wish all the attendees a great

**PAN ASIA 1993 HASH.**

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# THE WOMEN'S PAGE

A UNIVERSAL DEAR JOHN LETTER.  
YOU NEVER KNOW WHEN YOU MIGHT NEED THIS

---

Dear \_\_\_\_\_,

*Hi! How are you? Sorry for the delay in writing but the post is a bit slow at the moment and I haven't made a run for ages and I started this letter and kept meaning to finish it but various things got in the way Christmas for instance then ~~the New Year Chinese New Year Hari Raya Easter~~ my cat was run over the canary was eaten by the cat.*

*Well ~~I've finally met someone else~~ I've got some difficult news for you ~~he's absolutely gorgeous~~. I think I'm in love. I know it seems strange and I'm not saying I wasn't in love with you because I was and I really hope we'll still be friends but ~~he's simply brilliant in bed I think this is something quite special most of all he has a gigantic prick he's really sweet and understanding and only runs on three hashes a week. And boy does he know how to use it he's so terribly kind he only has five beers at the On-On. Not that your's wasn't okay, just about, you weren't all those things as well but you would insist on fifteen beers after every run. And anyway size isn't all that important though visible would have been nice what we had was something I won't easily forget. One set of bed sheets still smells of vomit but don't be cross with me I wouldn't tell you this way except that I can't be bothered to phone or come to see you and I'm now running with another hash. I know you understand because you always understood me. And I'm sure your little problem will clear up after a while — have you seen a doctor yet? Not to mention your athlete's foot you'll find someone much nicer than me and more deserving of you.~~*

*Must go now ~~he's put his tongue~~. Keep in touch*

*Love*

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# YOU JUST KNOW IT'S GOING TO BE A HASHIT WHEN:

I You get a call from the hare the day before the run and he asks when his run is scheduled.

II The hare calls up at 4pm on the afternoon of the run and asks where he can get some more shredded paper.

III You have to ask for directions 4 times and drive around for 35 minutes before finding the small muddy trail that leads to the carpark.

IV 5 minutes before 6 and there is no sign of the hares in the carpark.

V 6 o'clock sharp and the hares arrive on the site in a taxi as they had got lost and couldn't find their way back to the run site.

VI 5 minutes after 6 and the pack still cannot find the trail from the carpark.

VII 10 minutes into the run and the trail splits into a Y with paper going both directions.

VIII 15 minutes into the run and the pack has just found the home trail and is now heading back to the carpark.

IX 20 minutes into the run and pack still hasn't come to the first check.

X 25 minutes into a run marked with chalk it begins to piss down with rain.

XI 30 minutes into the run and you run around the corner to see the hare running ahead of you throwing out paper.

XII 35 minutes into the run and you still cannot find the trail from the first check.

XIII You run around a corner to find half of the pack running towards you yelling On On.

XIV 45 minutes into the run and you find the hares looking anxiously at their watches and saying that you aren't even halfway yet.

XV 1hr and 30 minutes into the run and you are still up to your waist in water wading around the dark shores of MacRitchie Reservoir.

Hashit!!

Jointmaster AYDZ

## AIDS WARNING

I'm sure you have noticed when passing through the departure gates at Changi Airport there is a leaflet warning travellers about the risk of AIDS. Think where they place this handout. Is it in a secluded corner so you can sidle up and pick it up discreetly? No. Is it at a convenient height to be able to slip into your pocket without attracting attention? No. It is placed on an otherwise bare counter, under neon lights, next to an immigration officer. No wonder that people are still ignorant about the subject. They are shit-scared of appearing interested.

To rectify all this, the selfless Seletar investigative team has provided a "Guide to Aids" as a service to all red-blooded Hashers.

### Step 1 — Identify the disease

If you catch it from a cocktail waitress you have BARMAIDS.

If you get it from a virgin you have FIRST AIDS.

If you have been infected by Jack Lemmon it is LEMMONAIDS.

If you contract it at school it is GRAIDS.

If you catch it from followers of Jim Jones, it is KOOLAIDS.

If you get it in Florida it is called GATORAIDS.

If it is spread by cockroaches it is RAIDS.

If you are lucky enough to have got it from Bo Derek it is BRAIDS.

If you catch it in France it is PAR LE VOUS FRANCAIDS.

If you are infected by Bill Clinton you have PRESIDENTIAL AIDS.

If you have touched an infected pair of sunglasses it is SHAIDS.

If you get it from a musician it is BANDAIDS.

If you catch it at home it is called MAIDS.

### Step 2 — Actions

a) Check your will

b) Do not start reading War and Peace.

IRIAN JAYA



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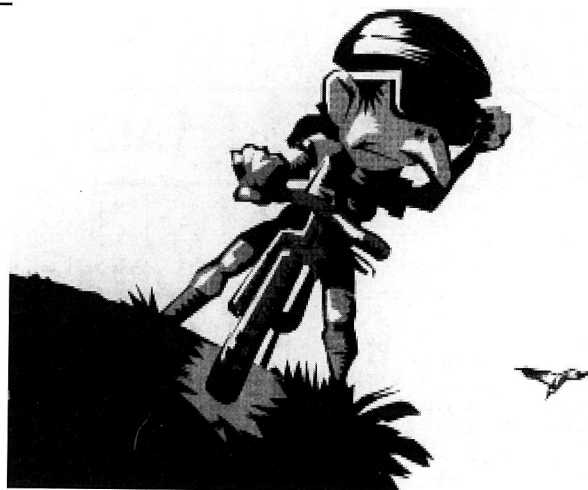
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# REFLECTIONS ON THE HASH

## *(Un) Quotable Hash Quotes*

### **Why do you like the Hash?**

"I'm an American who enjoys running with British and Australian assholes in a running club that has a drinking problem!" (*David Peck*)

"I like running the Hash so that I won't get fat!" (*Johann Strobel*)

"Good fun, enjoyable." (*John Wickman*)

"Because I run with all these bastards and I get a kick out of it" (*Francis Teoh*)

"Getting muddy, wet and drunk on Monday nights!" (*Peter Allen*)

"Short Runs, Long Beers!" (*Fred Bloom*)

"I ask myself this many times ... but seriously, it's a good occasion to run, socialise and learn about Singapore" (*John Forsberg*)

"As they say, it's a drinking club with a running problem!" (*Tysnes Marten*)

"Nothing fantastic ... made some good friends and had great fish head curry in Jurong!" (*Gordon Collett*)

"Nice to blow off steam!" (*Marc Edelstein*)

"Excellent balance between running, socialising and drinking!" (*Gido Van Praag*)

"The only thing I like about the Hash is the BEER!" (*Gary Bullivant*)

"I joined the Hash for the running but it seems the drinking is more important than the running!" (*Stephen Winter*)

"I learned more about Singapore through the Hash than anything else!" (*Don Wheeler*)

"To let go steam!" (*Loey Ah Chee*)

"I run on Wednesday so it breaks my week! I don't need to wait for the week-end break..." (*Melanie Rodrigues*)

"I can't remember the reason why I like the Hash! If I start to think about it, I probably won't run! As it is, it's the institution of my life!" (*Tony Quek*)

"I'm one of the few who like the Hash because of the exercise and not the drink!" (*James Kou*)

"I like the Hash because of the variety of people and scenery!" (*Rick Usher*)

### **Your Worst Hash?**

"They were all BAD!" (*Peter Maier*)

"They were all GOOD!" (*Francis Teoh*)

"2 hour runs that lead to nowhere" (*John Wickman*)

"They were all GOOD!" (*Klaus Thiem*)

"Wet, Muddy... and stranded at MacRitchie Reservoir until 11p.m.!" (*Goran Johansson*)

"Wet, Muddy... and stranded with 20 guys at MacRitchie!" (*Fred Bloom*)

"Wet, Muddy, Ants, Leeches ... and stranded in a run in Seremban until 10 a.m. the next morning!" (*David Peck*)

"When I got lost at a run in Clementi Road ... and still managed to come in first ... in a taxi!" (*Tysnes Marten*)

"Lost at Clementi Park" (*Marc Edelstein*)

"No bad Hashes. If people have taken the trouble to lay a run, you should appreciate it no matter what happens!" (*Timothy Lim*)

"There are no bad Hashes!" (*Rolland H*)

"The first run was the worst. Nobody told me the rules and I nearly got lost in the jungle!" (*Damien Personeni*)

"I have never had a bad Hash because I won't go when it rains!" (*Johann Strobel*)

"I did not have a bad Hash... I had an ATROCIOUS Hash which lasted 2½ hours in Bangkok. We were up to our necks in water and we spent most of the time wading through waterways rather than running!" (*Geoff Reynolds*)

"I like running the Hash but I hate waiting and queuing in the jungle just to get through small tracks. When I'm out to run, I want to run!" (*Julius Bendiksen*)

### **YOUR Most Embarrassing Hash?**

"When I got my Hash name ARSE LIQUOR!" (*Rudy Cogels*)

"It will be most embarrassing if I can't attend the Pan Asia Hash 1993!" (*Klaus Thiem*)

"I actually thought army helicopters were out looking for me when I got lost in MacRitchie!" (*Michael Linley*)

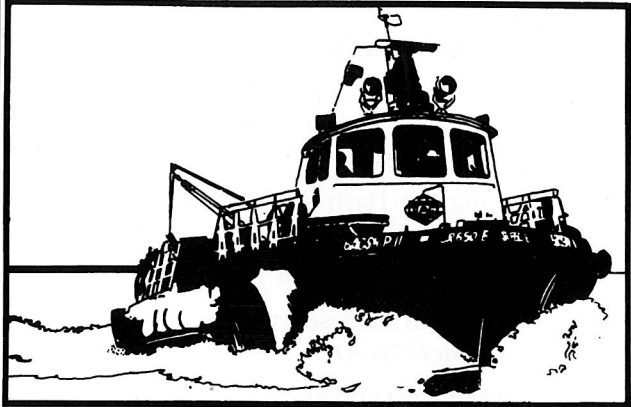
"They are all embarrassing because I walk for more than half of the run!" (*Gary Bullivant*)

"I was at the Swiss Club talking to an attractive lady I had never met before when my buddy pulled my shorts down... EVERYTHING fell out. Luckily I still had my beer in my hand ... but the lady was gone!" (*Neville Watson*)



"I know they were expensive, but you can't keep plastic bags on them forever ..."

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# J O K E S

Mr Johnson went out on his annual hunting expedition and actually succeeded in bagging a pheasant. He proudly brought it home and did his best to clean it, and that night the family sat down to a pheasant dinner. After a few mouthfuls, his wife jumped up and ran for the bathroom. She came back a few minutes later and said, "Honey, there were little black things in my shit. What do you think it could be?"

"Oh-oh." said Mr Johnson, "I guess I didn't clean the pheasant out too well, Just keep an eye out for the birdshot while you're eating."

About five minutes later his daughter dashed out to the bathroom. She came out crying, "Daddy, Daddy, there's black things floating in my pee!"

"Pellets again — I'm really sorry, Don't worry, It won't hurt you," he reassured her.

Soon enough his son strolled off, coming back to the table ten minutes later. "What's wrong with you, Billy?" asked Mr Johnson

"I was jerking off and I shot the dog."

∞ ∞ ∞ ∞

You know what elephants use for tampons, right? Sheep.

Do you know why elephants have trunks?

Because sheep don't have strings.

∞ ∞ ∞ ∞

Why do Mexicans eat beans every day?

So they can take a bubble bath at night.

∞ ∞ ∞ ∞

A husband, returning home unexpectedly, found his wife on her hands and knees scrubbing the kitchen floor. The piston-like movement of her buttocks encased in a sheer dressing gown, sent a message to his brain.

Without a by-your-leave, he lifted her gown, unzipped himself, and proceeded to mount her.

After they had sighed in mutual satisfaction, the wife resumed her task. This time he booted her in the behind.

"Is that nice, Sam, kicking me after I gave you so much pleasure?"

"That," he said, "is for not looking to see who it was!"

∞ ∞ ∞ ∞

During a routine check of a construction site, the foreman finds an Italian construction worker hanging from the ceiling beams of an unfinished room. "What the hell are you doing up there?" he asked.

"I'm a chandelier," explains the Italian.

"Get down and get back to work before I bust your head," growls the foreman, but to no avail, for on several subsequent checks he finds the man in exactly the same position. Finally he has to fire him.

The next morning he is infuriated to find all the

Polish workers on the site packing and getting ready to leave. "What the hell do you clowns think you're doing?" he shouts.

"Hey listen" say the Poles. "we ain't working without no lights."

∞ ∞ ∞ ∞

John had two pet monkeys whom he loved very much, but both died within two days of each other. He decided to take their bodies to the taxidermist so that they would be with him forever. The taxidermist gave him an estimate for the job and asked if he wanted them mounted.

"No," came the reply. "Just have them shaking hands."

∞ ∞ ∞ ∞

A man went into a bar after work one day, and after a beer or two he noticed a man passed out in the corner. After an hour or so the fellow was still very drunk and incoherent, so, being a nice guy, the first man decided to take him home. He looked up the drunk's address in his wallet, then started struggling to get the man out to his car. Dragging, heaving, and finally carrying the man, he finally reached his car, then the process had to be repeated in front of the drunk's house. At last the nice guy got the man up to the door and rang the bell, which was promptly answered by a pleasant-looking woman.

"Oh, thank you so much for bringing him home," she said, "But where's his wheelchair?"

∞ ∞ ∞ ∞

"Daddy, what are those two dogs doing?"

"Uhh... one's sick and the other one's pushing him to the hospital."

∞ ∞ ∞ ∞

And then there's the little boy who got up at midnight to go to the bathroom and passed his parents' bedroom. Noticing that the door was opened, he walked in and saw his mother performing fellatio on his father.

The boy walked out of the bedroom scratching his head and muttering. "And they sent me to the doctor for sucking my thumb!"

∞ ∞ ∞ ∞

Three nuns are waiting for an audience with Mother Theresa. The first nun goes in and says, "Forgive me, Mother, but I've seen a man's privates."

"Go wash your eyes in holy water," says Mother Theresa.

The second nun confesses to Mother Theresa that she has touched a man's privates. "My child," says the elderly nun, "go wash your hands in holy water."

The two nuns are busy with their penance when the third nun comes over and says, "Watch out, girls — I gotta gargle."

∞ ∞ ∞ ∞

## SINGAPORE HASH HOUSE HARRIERS

The second ever Hash Chapter was founded in Singapore on 19th February 1962 by Ian Cumming who had previously run with the KL Hash. It commenced with a personal invitation from Ian to eleven other like-minded "athletes". At the meeting after the first run it was decided to register as a Society although there were reservations as to the long term viability of the Hash in Singapore due to "the small area available for running and the large population".

The Hash was formally registered on 11th May 1962, by which time 11 runs had been held. The first Office bearers were Ian Cumming and Tony Voice, Joint Masters and Chris Verity, Secretary.

In the beginning membership hovered around the 20 mark and gradually crept up to 50 in 1965/66. The low point occurred on 9th August when only nine Hashers (including hares) appeared for a run in Johor. Johor runs were a feature of the early Hash with more than 30 being held until immigration problems at the Causeway caused their termination — at least on Monday evenings.

Runs have been held all over Singapore excluding (to date, thank God) the Central Business District. Island runs on Sentosa, Pulau Ubin and Tekong have been popular for celebratory runs on a Saturday.

Originally Hares were required to provide beer, shandy, ice and cigarettes as well as lay the run. However as membership grew this became logistically impossible. There then evolved an arrangement for a regular, direct service from the brewery.

On only two occasions since its birth has the Hash

had to cancel the weekly run. On both occasions, in 1964, riots and curfew restricted Hashers to their homes on the respective Monday nights, to their own and their wives consternation. In fact, on one of those occasions the Committee and Hares turned out, but it is popularly supposed for apres Hash and not for the run.

Shortly after being formed, Singapore Hash decided that they would like a club neck-tie and commissioned Robinson's to make them. However, it was thought that "HHH" was too cumbersome, so Colin Berwick, a regular Hasher who went on to form Brunei HHH, suggested "H3" which has since been adopted worldwide.

In the late sixties the first population explosion hit the Hash with membership jumping to 120 in 1969. Despite all efforts by successive Committees, including closing membership, increasing fees and being rude to foreigners, the Hash has expanded until membership reached an all time high of about 210 in 1978. Since then, by using the time-honoured device of a pewter handshake (pewter mug), Singapore Hash has reduced to the more manageable numbers of 160/170. Due to the large numbers of travellers in Singapore, this further reduces to generally 80/90 per run.

It has been traditional with Singapore Hash that dogs and women are not permitted on the Run which is for men only. However the rule is relaxed for certain celebratory runs — as far as the girls are concerned — by invitation.

By Nash Hash Singapore Hash House Harriers have completed 1,574 Runs.

## SINGAPORE HASH HOUSE HARRIETS

On a Wednesday way back on 17th October 1973, a small group of Monday Hashers gathered their ladies and led them off into the (then) wilds of Clementi and Dover Roads — late that day, plimsols muddied and legs scratched, the ladies proudly announced that now they were truly Harriets.

Until run 22, the men's newsletter carried the weekly news and about this time, the first Harriet (Kamala) laid a trail.

The one hundredth celebration run attracted 120 Harriers to track 14, Jurong Road. The first Grand Mistress (Caryl Gurney) was elected and it is recorded that the curry was absolutely uneatably hot.

The five hundredth celebration run saw the 437 revellers disco till dawn.

A darkness came over the club when some bolshi members succeeded in excluding males for a short time — that nonsense was quickly corrected.

Well, here we are, almost nine hundred and fifty runs old and the Hashing is still as exciting as it must have been way back then.

We're fine, thank you!!!

ON ON

## LION CITY HASH HOUSE HARRIERS

Like most of us, the Friday run was created on impulse after a few beers. Having a Hash run on Mondays, Tuesdays, Wednesdays, Thursdays, Saturdays and Sundays left nothing to do on a Friday, and bedsores were reaching epidemic proportions. In mid 1982, certain rumblings were taking place amongst Seletar and Harriet members. There had already been some discussion in the Seletar circles for a Seletar Harriets to run on Thursdays, and there was a movement by some of the Harriets to have a second run each week. This was to combine with a number of people who had hashed elsewhere in mixed clubs.

Don and Veronica Nally, having previously owned an IQ, came up with the brilliant suggestion of a hash run on Fridays. The idea started coming together with a meeting in September, in Veronica and Don's apartment, of those interested in starting this type of club. An advert was placed in the Times under the "Idiots Wanted" column. The response was staggering, as were most of the applicants. The few that could read and write were formed into an elite nucleus for a committee (Veronica Nally and Mike Cockman, GMs; Phil Wood, On Sec; Pat Leggett, Hash Cash and Megs and Paul Jackson). The Lion City Hash was spawned. The name and run day were set, and the style of club was adapted from Petaling Hash (Megs and Paul Jackson), with aspects of Medah Harriets (Pat Leggett) and Seletar Hash (Mike Cockman). Canvassing for support went ahead and the date of the first run was set as 26th November 1982.

The idea almost faltered at the eleventh hour as the Founding Committee had a list of 80 names, but with only 18 paid up (including themselves!). It was decided to go ahead with the first 10 runs and decide whether to continue after that. Needless to say, it turned out to be a success. The first run attracted over 70 runners, and numbers hardly dropped despite the decision to run Christmas Eve and New Year's Eve.

Early in the New Year, it was agreed that it was working and the club went about forming a full Interim Committee and applying to the Registrar of Societies for approval. The Interim Committee continued until the club got final acceptance of the Constitution and full approval from the Registrar in late August 1983 (although the Committee was reduced from 10 to 8, as there were only 80 members).

The first elected Committee was put into office at the Inaugural General Meeting in October. This remained unchanged at each April A.G.M. until an amendment was passed with the R.O.S. to increase the number to 10 Committee members in mid-1985.

Lion City Hash has since gone from strength to strength and now, 9 years later, the club has some 134 members and has completed 466 runs.

## SELETAR HOUSE HARRIERS

### How It All Began

The first hints of a second men's hash being formed in Singapore go back some 11 years ago. A handful of characters who frequently visited relatives and friends in various parts of Peninsula Malaysia also took the opportunity to join the respective hash clubs in their weekly runs. As hashing was not the primary reason for such visits, it did not create an impact immediately. There were few occasions when episodes recounted by these few constituted nothing more than bar talk. Obviously this was not to be for long and as the months passed by, it soon became apparent that this activity was fast gaining popularity. It was only a matter of time before another club was to be formed on the island.

The early few were people like Martin Baptist, James Sandosham, Avtar Singh & Lim Chooi Seng, who hashed with Petaling Jaya, Sungei Ujong, Tanjong Petri & Johore Bharu Hashes. Of these, PJ & S. Ujong were of great significance and influence to us. PJ's GM Alex the 'Bear' was instrumental in helping us form our club while our constitution was based on S. Ujong's.

As far as memory serves, it was one fine day in the spring of '80 that the group of stalwarts, namely Sando, Baptist, John Chew, Ang Chuan Seng, Paul Ang & Avtar Singh met up with Alex the Bear of Petaling Jaya at Tivoli Coffee House (now closed), just to have a few beers. Though the evening's conversation never really centred on the forming of a club, it was here, quite by chance, that the Bear suggested the forming of another hash. There were mixed feelings at first, but by the time the evening ended, everyone was in general agreement. Following this historic Tivoli meeting, things began to move fast. A few days later, a second meeting was quickly convened, comprising the same six, at 74 Joo Chiat Avenue. The evening's agenda was to discuss the name of the club and who were to form the interim committee. After some suggestions, it was decided that Seletar Hash House Harriers was to be the official name. It seemed appropriate as most of us worked in that vicinity then.

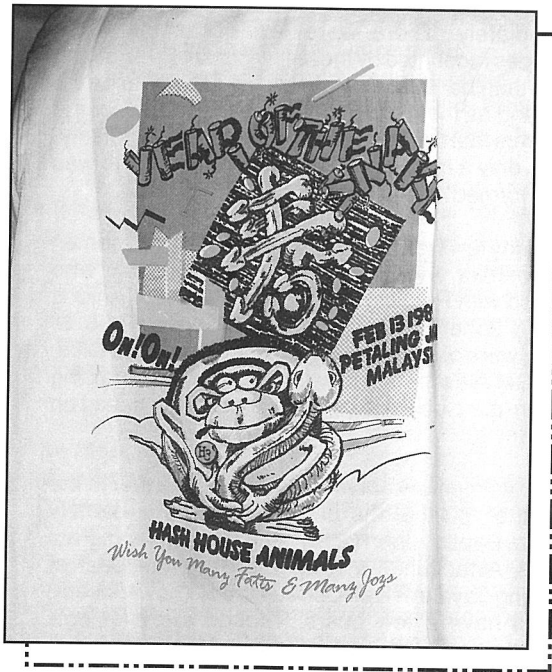
Another meeting was convened on 26 May 1980 to plan the details of the inaugural run. This was held at Kingsford Bar.

The inaugural run was to be held on 21 June 1980 and PJ, S. Ujong & JB Hash were to be invited as guests.

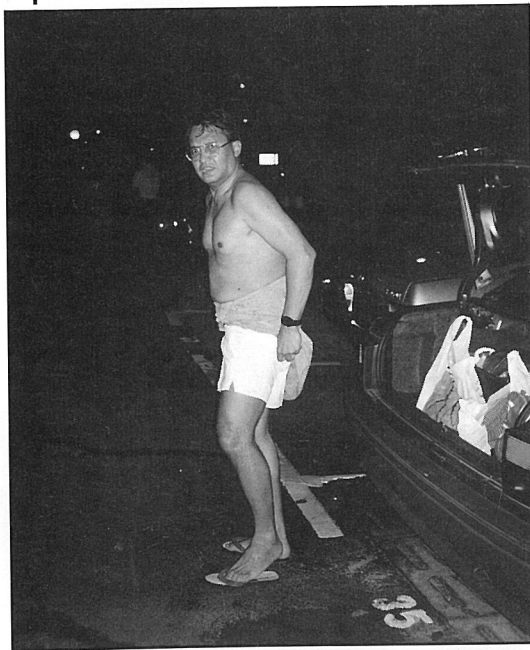
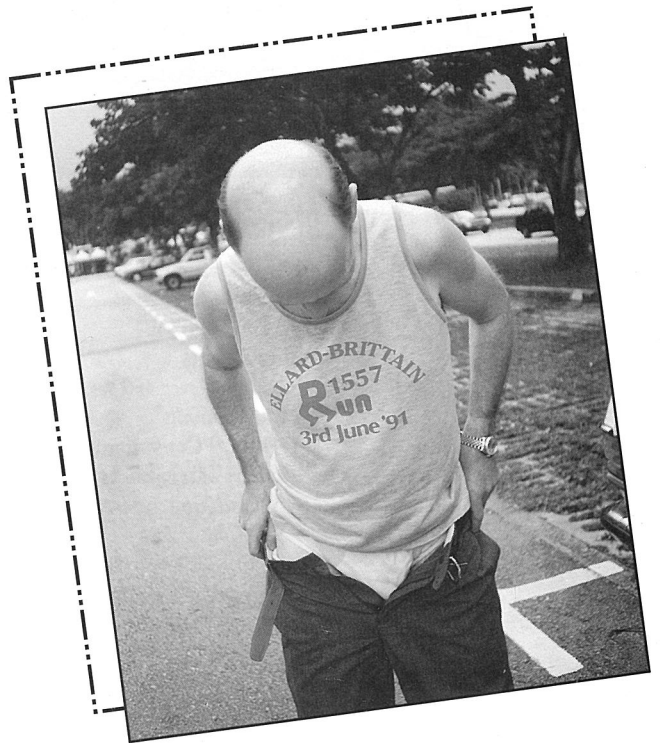
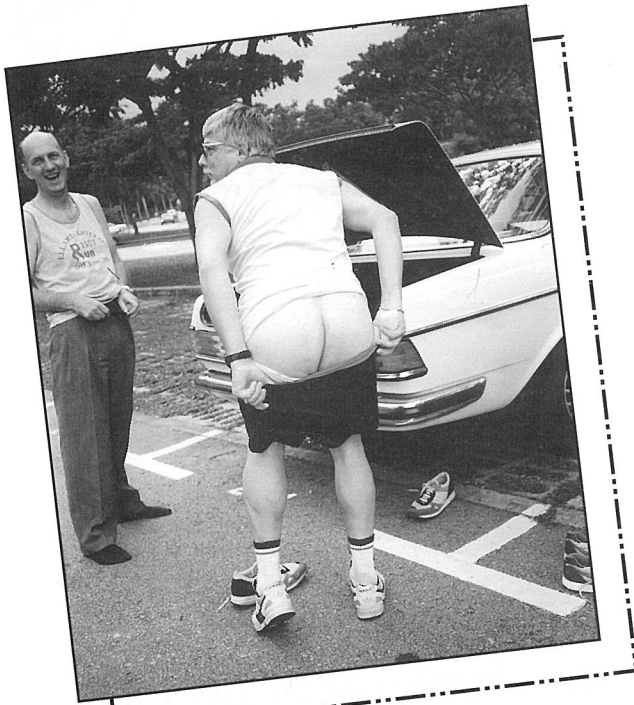
The morning of the 21st dawned bright and beautiful. The runsite was at Marsiling School. At approximately 1.00 pm, six hares set off to lay the run. This was also to prove the largest number of hares in the history of Seletar. We were not going to take chances on our inaugural run. It had to be perfect and perfect it turned out to be. The total number of participants was approximately 40. The fun and games continued late into the night and it carried on at Tivoli till 11.30 am of the next day! Behold, Seletar was born.

ON ON.

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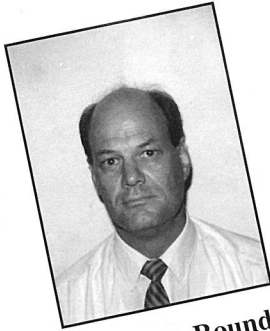
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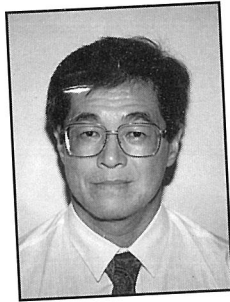
NARINDER "Kichibhai" Singh



LEE "Rollercoaster" Whee Ee

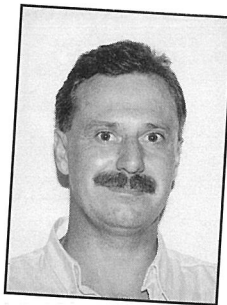


EILEEN "Hotpants" Davies

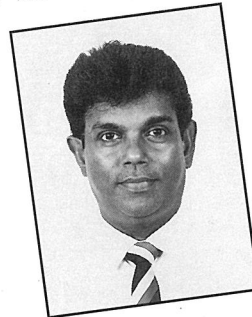


GREGORY "Spanners" Stanners

BOO "The Mad Chinaman" Moh Cheh



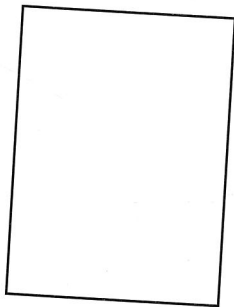
KEVIN "Flashman" Cooke



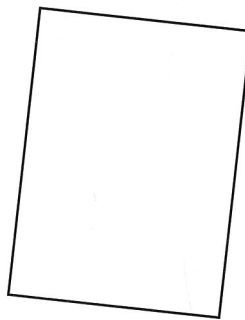
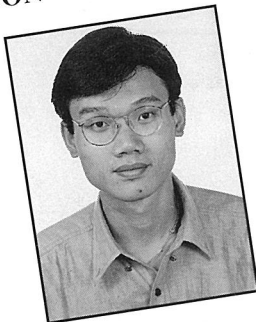
LINUS "Skidmarks" Manuel



ANG "Smoothie" Chuan Seng

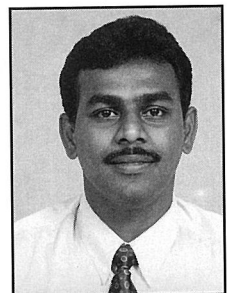


VERNON "Take That" Heng

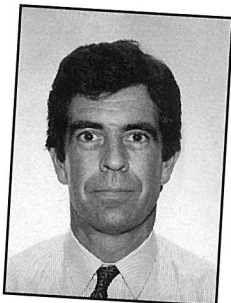


BRIAN "Big Mac" McDonald

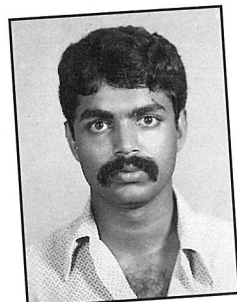
PREKASH "Ho Chi Minh" Singh



M. "Popeye" Silvarajoo



DAVID "Wee Willie" Grant



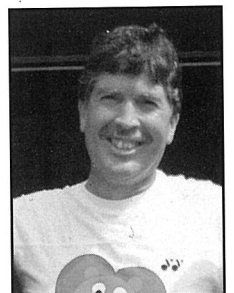
ROBIN "Rubber Nose" Sebastian



JILL "Hard Lay" Schulte



MIKE "Crotch" Croft



BOB "Gecko" Ashman

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Last but not least, we would like to thank all those fellow hashers who have donated their time and effort in organising this great event.

Kind Regards,  
The Organising Committee



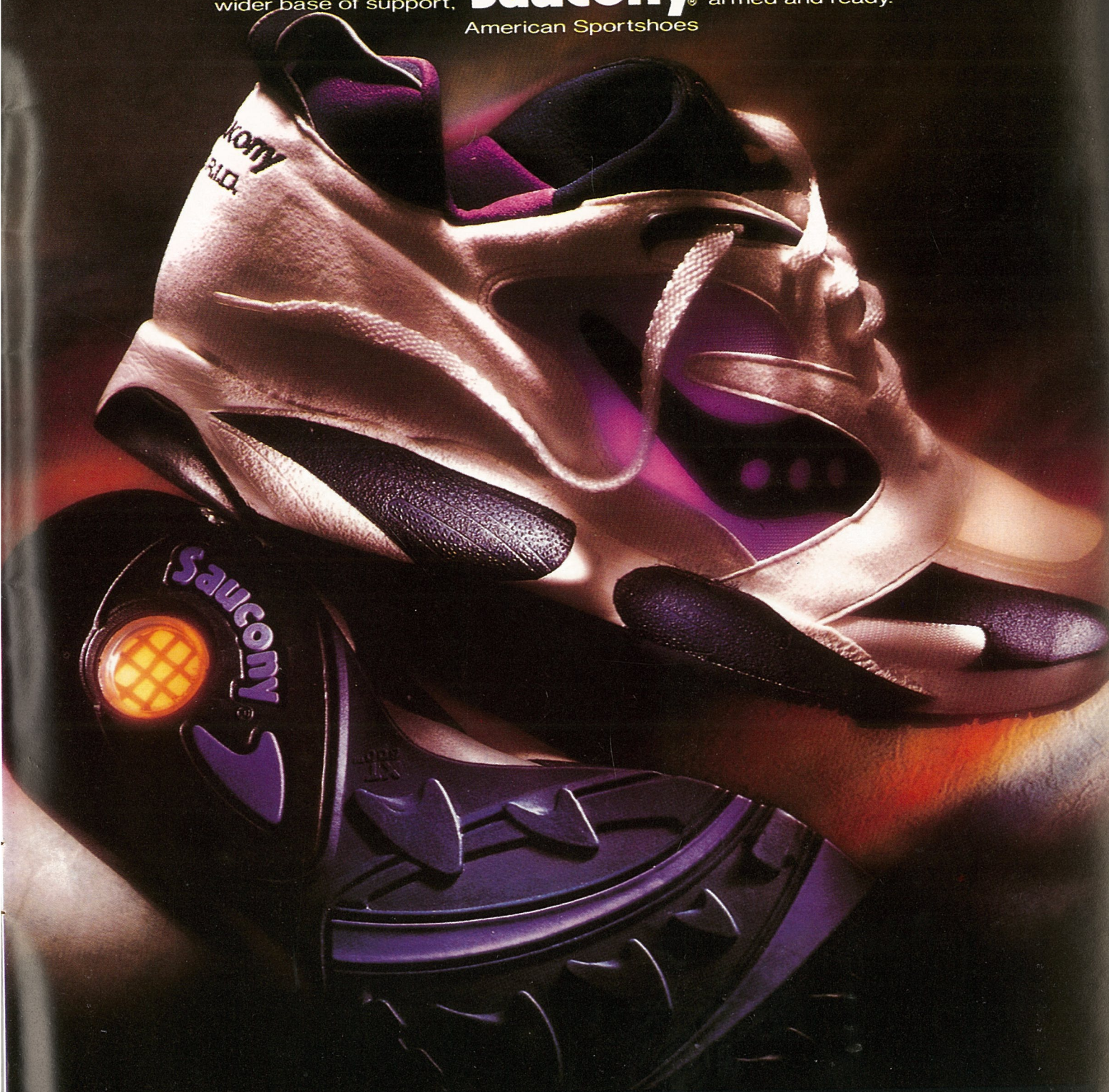
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